

IST HELP BOOK

### WELCOME TO THE INTERNATIONAL SERVICE TEAM 2024!

#### **DEAR FRIEND,**

we are very happy to have you in this year's International Service Team. Thank you very much for your commitment and willingness to create this unique event with us!

This year it is my pleasure to manage International Service Team, so I'd like to introduce myself to you. My name is Marta Regulska, I'm 26 years old. I've been a scout (The Polish Scouting and Guiding Association - ZHP) for almost my entire life, I've been the scout leader of the 29th Cup Scout Pack "Ogniste Smoki" for 9 years now in my hometown, Opole. Also, I'm the chief of cub scout packs in Opole. Beside scout duties, I'm a student at the Jagiellonian University in Cracow.

I'm very much looking forward to meeting you in person at the Intercamp in Świeradów-Zdrój! If you have any questions about Intercamp or International Service Team, please do not hesitate to contact me by e-mail or WhatsApp – you can find my contact details below.

Over the next few weeks we will be assigning your tasks for the Intercamp and as soon as we'll have dealt with that, we will contact you about your tasks via e-mail. We will also provide you with more information about the Intercamp in the future.

Below, you will find some information about the camp, arrivals, accommodation and others.

> BE PREPARED! MARTA



Please contact me with any questions about IST!

### MARTA REGULSKA

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### **ABOUT INTERCAMP**

Intercamp is an international scout camp held every year. It is a weekend during which scouts can meet and develop international understanding and friendship through a camp filled with scouting activities, fellowship and great memories.

For more info about Intercamp visit <a href="https://intercamp.info/">https://intercamp.info/</a>



### WHERE?

Świeradów-Zdrój, Lower Silesia region, Poland



17-20 may 2024



# HOW TO GET TO THE CAMP?



### **PUBLIC TRANSPORT**

Let's be eco-friendly together - come to the camp by train! You can get to Świeradów - Zdrój by train (station Orłowice train station). You can easily get to transportation hubs such as Wrocław (Poland), Nove Mesto pod Smerkiem (Czech Republic) or Zgorzelec/Goerlitz (Poland/Germany). There is a direct train from Wrocław and Zgorzelec to Świeradów-Zdrój (Orłowice train station).

We have organized an Intercamp shuttle bus between the campsite, Orłowice train station and Nove Mesto pod Smerkiem train station.

PLEASE NOTE THAT IST NEEDS TO BE ON SITE ON THURSDAY 16.04 - WE WILL NEED YOUR HELP!



### BY CAR

You can come by car, as there will be a designated parking area. It will be located a few kilometres away from the camp site. Cars are not allowed to stay in the camp area.

### ACCOMODATION

#### **BRING YOUR OWN TENT TO THE CAMP!**

The IST will be staying in tents at its subcamp during night time.

**A CANTEEN** will be provided for the IST where all the meals will be served. Please remember to bring cutlery, a cup and a plate.

There will be **NO SHOWERS** at the camp!



### DISCOVER ŚWIERADÓW-ZDDRÓJ

We'd like you to get to know the beauty of Poland. Below you will find few recommendations on what to do or see in your free time near the camp site.



### WATER SPRINGS MUSEUM

The Water Springs Museum was established in 2014 to mark the 260th anniversary of the first mineral water springs being tapped in Świeradów. The museum is located in the basement of the Water Springs House.

The exhibition shows how the springs have been used since their inception, as well as the history of the spa itself. According to legends and stories passed down by successive generations living in the area, the miraculous springs were worshipped from the 12th century onwards. And around 1572, Leonard Thurneyssen, a doctor from Berlin, was the first to mention the healing properties of the waters. In addition, you can see spa-theme paintings on the walls, exhibits relating to mining, and sandstone statues depicting, among others, the patron saint of miners, St Barbara.

### JIZERA ANTIGRAVITY POINT

The Jizera Anti-Gravity Point is one of the components of the "Tracing the Jizera Mysteries" trail. It is located approximately 500 metres from the lower station of the gondola railway in the direction of Czerniawa. According to some, it is a gravitational anomaly that causes an object (such as a ball or a car) to roll uphill on its own. However, the existence of an actual anomaly hasn't been confirmed by any gravimetric studies. Others, on the other hand, claim that it is just an optical illusion, caused by the unique terrain, and as we all know, the human eye is indeed very easily fooled .

Whichever theory you find more convincing, it is definitely worth visiting this place and testing it yourself. And it is very easy to find - it is marked by a boulder with a relief that is hard to miss.

## **HUNGRY FOR MORE?**



### CHATKA GÓRZYSTÓW – MOUNTAIN SHELTER IN JIZERA MOUNTAINS

A beautiful mountain shelter placed in the heart of night sky preserve famous for its delicious fluffy pancakes.



#### SKY WALK – VIEW POINT IN ŚWIERADÓW-ZDRÓJ

A tower with paths and slides, from which you can see the panoramic views of the area.



### CZOCHA CASTLE

Medieval castle situated 20 km from Intercamp site.



#### WROCŁAW

The biggest city in Lower Silesia region. It has beautiful Old Town full of dwarf statues.



#### **GROSS-ROSEN MUSEUM**

Museum placed in Nazi concentration camp located 90 km from Świeradów-Zdrój.

